



Alert! New Contact Information for the Village's Helping Hands Program

The Village has moved to a new system for the Helping Hands Request for Services process. The phone numbers used previously to request services are inoperable. For service requests, please either complete the request form on the Village website, call our web manager, Claire Thompson at 703-635-5114, or send her an email at volunteer.mountpleasantvillage@gmail.com.

Diversity Committee Provides Health Screenings

The Village's Diversity Committee recently conducted blood pressure and blood sugar level screenings in front of Mount Pleasant Pharmacy.



Volunteers Judy Byron and Rick Reinhard were joined by pharmacist George Lyght and three nurses from Medstar Washington Hospital Center's Community Outreach Program, who conducted the screenings. About 35 people stopped for the screenings and to receive information and literature about the Village. Participants expressed appreciation for this community outreach event.

Photo: Medstar nurses Hiyab Yohannes, Joia Lacour, and Deidre Hardware conduct screening while Judy's and Rick's grandson Biosah Byron Mokwunye looks on.

Caution: Daylight Saving Time Ends

Daylight savings time ends on Sunday, November 3. This means sunset will come at a few minutes after 5 pm, and by 5:30 it will be truly dark. Most of rush hour will be in darkness, which poses a substantial risk to pedestrians. *Three-fourths of*

Upcoming Events

Save the Date – Saturday December 7, 2:00 pm
Mount Pleasant Village Annual Meeting
Mount Pleasant Library (see details on page 5)

For Activities and Events

see the calendar on the Village website
www.mountpleasantvillage.org,
the Monday *Village Announcements* or
the Wednesday *FYI*

pedestrian injuries and fatalities occur in darkness. With early darkness soon upon us, what is to be done? What pedestrians can do is wear clothing that will be visible despite the darkness. The increased car/pedestrian accident rate in wintertime isn't due to the cold – it's because drivers have difficulty seeing pedestrians in the darkness. Winter coats tend to be dark colored. It is better for us as pedestrians to do what we can to be visible despite the winter darkness.

National Highway Traffic Safety Administration advises pedestrians: *“Be visible. Wear bright clothing during the day and wear reflective materials or use a flashlight at night.”* The application of reflective tape to the sleeves of a winter coat could make the difference between being seen, and not being seen, by that oncoming driver. Be proactive! Be safe!

Website Assistance Available

If you are experiencing any difficulties with the Village website, contact Lawrence Rickards, Communications Committee Chair, on 202-234-7818 or at ldrickards72@gmail.com.



Meet the Villagers: Josephine Escalante



Josephine Escalante is on the cusp of making an important contribution to the Village. She is the newly appointed coordinator for a DC Department of Aging and Community Life (DACL) grant to the Village. Her task will be to “design and implement” a program to integrate aspects of the Villages Helping Hands program, the Village’s volunteer Buddy System, the Cluster Coordinator initiative, and the new and returning member interview process. A very complex and demanding task that can have a big payoff for the Village.

Photo: Josephine with son Alejandro and daughter Elena

How Josephine came to be in this new position is a convoluted story. She was born in the Philippines, living there until 1972, after Ferdinand Marcos declared martial law, and her family moved to Baltimore. After graduating from St. John’s College in Annapolis, with a strong liberal arts background, Josephine moved to New York City. At the age of 24 she found herself developing the first human services organization for Filipino Americans in the City and become the first executive director of Filipino American Human Services, Inc. FAHSI is a non-profit agency that provides human services to Filipino Americans living across the city. The populations in each of the city’s boroughs were diverse, with different needs and circumstances to be addressed. Characteristic of the skills and approach she plans to bring to the Village, Josephine set about teaching herself how to manage a non-profit agency through study, learning and collaborating with similar agencies, conducting outreach, and developing an advisory board of knowledgeable people. Josephine also served on the Asian American Task Force on Aging, as its youngest member. Her successful efforts earned the agency recognition and grants, including the Banaag Award from the then-president of the Philippines Fidel Ramos.

Josephine left New York for Boston to pursue a law degree at Northeastern University School of Law. After graduation, she and her son moved to the District, living in Logan Circle. Josephine became a legal researcher and entered the practice of union labor law as an associate of O’Donnell, Schwartz & Anderson. In 2005, she became engaged to college classmate Camilo Arbelaez, moved to Mount Pleasant. She and Camilo married the following year and Josephine took a hiatus from practicing law to devote time to her growing family. Josephine has three children, the youngest two children, Elena and Alejandro, attended Bancroft Elementary School. In 2012, when her younger son was two years old, Josephine returned to legal practice as an intellectual property attorney, with particular attention to enforcement of industrial designs, traditional copyrights, and trademarks. With her experience in both the non-profit and legal worlds, Josephine is again experiencing a turning point in her life. Coordinating the DAAC grant will allow Josephine to focus her legal and organizational skills on helping the Village and will also provide her reflective time to chart her next priorities and to return to public interest work.

In addition to her professional and busy family activities, Josephine is the President-Elect of St John’s College’s Alumni Association where she mentors current students, develops programs to increase alumni engagement, and has taken the lead in organizing several very successful career services events.

Happy Birthday, Dorothy! A Tribute to One of our Most Senior Villagers!

Village member Dorothy Wynne Marschak celebrated her 89th year in September. If you haven't met Dorothy – professor, economist, statistician, linguist, activist, mother, accomplished pianist – you may have noted her name on city listservs publicizing Community Help in Music Education (CHIME).

Born to a New York artist and a London-born economist, Dorothy lived in seven locations and three



countries as her father studied and taught at various institutions before settling in Washington to work for the U.S. government. Dorothy graduated from Woodrow Wilson High School and continued her formal education at Swarthmore (B.A.), followed by advanced degrees from Columbia (M.Phil., Economics; Ph.D. candidacy) and a year as a lecturer at Barnard College.

Photo: Dorothy talking with Dr. Douglas Glasgow at the Village Holiday Party

A stint as a research assistant near Stanford led Dorothy to her future husband, marriage, overseas fellowships, then University of California, Berkeley (UCB), where her husband joined the economics faculty. Over time, three children (two girls, one boy) were born to the couple, and Dorothy charted an interdisciplinary path to an M.A. and a Cand. Phil in statistics.

In 1968, a tragic accident that killed her daughter and injured Dorothy's back marked a heart-rending turning point leading to involvement in Gestalt therapy, Zen Buddhism, and Aikido and a memorial project in Berkeley schools. When Dorothy was able to resume teaching, her new therapeutic training led her to devise teaching strategies to help students overcome fear of math and awaken interest in statistics. Her interests in consciousness and learning and in childhood language acquisition led Dorothy to apply to a degree program in linguistics. Awaiting acceptance, Dorothy spent a year in Japan teaching English to medical students, helping Japanese academics prepare articles in English, and some time living in a Zen temple.

With coursework in linguistics completed, Dorothy returned to DC in 1984 as a World Bank consultant. In 1990, following the first of three heart attacks, she devoted herself to volunteering for music and literacy programs. Through docent work for the National Symphony, a vision for a fitting tribute to her daughter emerged in the form of CHIME.

Under Dorothy's leadership, CHIME has provided more than 25,000 students in 80+ schools with participatory *Music Around the World* performances, distributed more than 250 donated instruments, and presented a year-long exhibit on the role of bands in DC schools at the Anacostia Museum. CHIME was a Finalist for the Mayor's Arts award for outstanding contribution in arts education in 2006 and 2007, earned Dorothy an Alumni Award for Outstanding Community Service from Swarthmore College, and has garnered community service awards.

In her 90th year, Dorothy runs a much-reduced CHIME, which partners with larger organizations sharing music missions. She programs for the Women's National Democratic Club, participates in the Village ad hoc book group, and attends classes at the Osher Lifelong Learning Institute. Since giving up her car and bicycle, she uses rideshare services but also avails herself of Helping Hands for transport to Trader Joe's, nearby shops, and appointments. She's looking for someone to take short walks with her to help with her mobility problems and push a wheelchair so she can attend art exhibits.



New Waste Management Interest Group Formed

The Village's Waste Management Interest Group held its inaugural meeting in July and since has been meeting on a monthly basis. Its mission is *"to make Mount Pleasant a model community for waste management by implementing solutions that are local, possible, and involve both seniors and juniors in the community."* To accomplish its mission, the interest group has deliberated about actions to enhance recycling, composting, energy reduction, and improve education and awareness. For more information on the group, contact Julie Byrne at jbyrne@boyneresearch.ie.

Upcoming Event: The Well Open House

Village partner The Well is inviting Villagers to an Open House on Sunday, November 3, from 2:00 to 4:00 pm, to learn and ask questions about the massage and wellness programs and services they offer. Please RSVP to Jan Fenty at janfenty@gmail.com.

Upcoming Event: Feed Your Music!

The Dan Lipton Trio will be playing at the home of Judy Byron and Rick Reinhard, 1910 Park Road NW, on Sunday, November 10, from 5:00 to 8:00 pm (with sets at 5:45 and 6:45). In addition to music, there will be three-bean chili, skillet cornbread, beverages, and dessert. Admission is free, but contributing generously to the musician's tip jar would be appreciated. Due to limited space, an RSVP is required. To assure your space, contact Judy Byron at judy@judybyron.com.



Upcoming Event: Meet-the-Street Private Dinner at Pear Plum Café

The next Meet-the-Street will be at Pear Plum café on Nov 14, at 6:30 pm. The Café will be open to Village Members only. We will be enjoying foods prepared by Each Peach. More information about menu and prices will be coming in our Weekly Announcements. To reserve a spot, please RSVP to Jan Fenty at janfenty@gmail.com.

Upcoming Event: The Village's "Well-Seasoned Turkeys" Will Walk So Others May Eat

"The Well-Seasoned Turkeys" will walk in So Others May Eat's "Thanksgiving Day Turkey Trot." Mary Anne Gibbons, coordinator of the Village's 8:30 am walking group, has formed a team, "The Well-Seasoned Turkeys," for the annual 5-K run/walk, sponsored by SOME on Thanksgiving morning. To sign up for the race (\$35) and join the team, click on this link: http://support.some.org/site/TR?fr_id=1210&pg=entry. If you plan to join the team, please contact Mary Anne, at Magibbons50@gmail.com, so that transportation to the race site can be coordinated.



Upcoming Event: Mount Pleasant Village Annual Meeting

The Village's Annual Meeting will be held on Saturday, December 7, at 2:00 pm, at the Mount Pleasant Library. The keynote speaker will be Villager Margaret Goodman. An active Village member, Margaret recently bicycled across the U.S., from here to the west coast. It will also be the time when several members will be leaving the Board: Bonnie Cain, Eileen Coffey, Robert Hoffman (Hoff), Nancy Mills, and Mary Rojas. There are five nominees for the Board: Olivia Cadaval, Josephine Escalante, Jan Fenty, Judy Fisher, and Ross Hamory. This promises to be a lively event, so please mark your calendars and plan to attend.

End of an Era: Logan's Antiques Closed

Willie Mae Jeffers Logan, better known in Mount Pleasant as "Jeff," died on October 5, bringing an end to one of "DC's hidden treasures," Logan's Antiques. Jeff and husband Marshall Logan opened Logan's Tailor and Dry Cleaners on Mount Pleasant Street in 1964. Not long after, Logan's Antiques opened across the street, with two floors jammed with glassware, toys, tools, jewelry, furniture, and much, much more. Marshall Logan died in 2012, but Jeff continued to operate the business, opening only on weekends due to her advancing age and declining health.



JOIN MOUNT PLEASANT VILLAGE

Membership Fee: \$50 annually per individual. For more information, contact Claire Thompson at volunteer.mountpleasantvillage@gmail.com.

Donor: Make a tax-deductible donation to Mount Pleasant Village at 1735 Lamont Street NW, Washington, DC 20010.

Contact us. If you have questions, comments or news to share, contact info.mountpleasantvillage@gmail.com.